



# *Main Menu*

If you have any allergies or special food requirements, please let us know when we take your order.

For opening times and updates please see our website or facebook page

[www.mamarosas.co.uk](http://www.mamarosas.co.uk)

3 North Street, Leighton Buzzard

Tel. 01525 375149

## Appetisers

<b>MARINATED OLIVES</b> .....	4.95
<b>GARLIC BREAD - 4 slices</b> .....	6.45
<b>GARLIC BREAD WITH CHEESE - 4 slices</b> .....	7.95
<b>BRUSCHETTA - 4 slices</b> - Garlic bread topped with freshly chopped tomatoes, olive oil and fresh herbs .....	7.95
<b>BASKET OF BREAD AND BUTTER</b> .....	4.75
<b>BREAD, OLIVE OIL, BALSAMIC VINEGAR</b> .....	6.45

## Pizza Bread to share - 12" sliced

<b>GARLIC PIZZA</b> .....	9.50
<b>GARLIC PIZZA WITH MOZZARELLA</b> .....	10.95
<b>AL POMODORO</b> - Garlic pizza topped with classic home made pizza sauce .....	9.75

## Starters

<b>ZUPPA DEL GIORNO</b> (v) .....	8.00
Home-made vegetable soup + fresh bread	
<b>COPPA DI GAMBERETTI</b> .....	9.50
Prawn cocktail served + buttered brown bread	
<b>FUNGHI TRIFOLATI</b> (v) .....	9.00
Mushrooms cooked with onions, peppers, herbs and tomato Served + garlic bread	
<b>PATE DELLA CASA</b> .....	9.50
Home-made chicken liver and bacon pate', served with toasted bread	
<b>MOZZARELLA CAPRESE</b> (v) .....	9.50
Mozzarella cheese, fresh tomatoes, basil, Italian olive oil dressing	
<b>ANTIPASTO ALL'ITALIANO - Also available as a main course</b> .....	11.50 / 16.95
Selection of cured Italian meats, olives and mozzarella cheese	
<b>CALAMARI FRITTI - Also available as a main course</b> .....	10.50 / 15.50
Deep fried squid rings, served with garlic mayonnaise	
<b>GAMBERONI ALLA VESUVIO</b> .....	11.50 / 17.50
King prawns (shell off) with garlic, chilli, white wine and cherry tomatoes + garlic bread	
<b>COZZE MARINARA - Also available as a main course</b> .....	11.25 / 17.25
Fresh mussels cooked with garlic, chilli, white wine and tomato + garlic bread	
<b>COZZE BIANCO - Also available as a main course</b> .....	12.25 / 18.25
Fresh mussels cooked with garlic, chilli, white wine and cream + garlic bread	

Gluten free bread available +1.00

(v) - Vegetarian

## La Pasta

<b>PENNE ALL'ARRABBIATA (v)</b> .....	12.50
Small pasta tubes, olive oil, garlic, chilli, fresh basil and tomato	
<b>SPAGHETTI BOLOGNESE</b> .....	13.50
Spaghetti, mince meat and tomato sauce	
<b>TAGLIATELLE ALFREDO (v)</b> .....	14.50
Ribbon pasta, mushrooms and cream	
<b>TAGLIATELLE BROCCOLI (v)</b> .....	14.50
Ribbon pasta, broccoli, garlic, chilli, olive oil	
<b>SPAGHETTI CARBONARA</b> .....	14.50
Spaghetti, ham, egg, parmesan cheese, cream	
<b>RIGATONI ALL AMERICANA</b> .....	17.95
Large pasta tubes, garlic, chilli, peppers, pepperoni sausage, tomato	
<b>PENNE ALLA FRANCO</b> .....	18.50
Small pasta tubes, chicken, onions, mushrooms, tomato, cream	
<b>RIGATONI TOTO</b> .....	18.50
Large pasta tubes, garlic, herbs, chicken, broccoli, béchamel and cream	
<b>FUSILLI BARONESSA</b> .....	19.95
Spiral pasta, garlic, herbs, beef steak pieces, onions, mushrooms, peas, red wine, tomato, cream and dolcelatté cheese	
<b>SPAGHETTI CON GAMBERONI</b> .....	19.50
Spaghetti, garlic, olive oil, chilli, king prawns and cherry tomatoes	
<b>SPAGHETTI MARINARA</b> .....	19.95 / 20.95
Spaghetti, garlic, olive oil, mussels, squid, prawns, king prawns, smoked salmon, white wine, tomato or cream	

## Al Forno - Baked in the oven

<b>LASAGNE AL FORNO</b> .....	16.50
Layers of pasta, mince meat, tomato, béchamel sauce, parmesan cheese, + mozzarella and baked Allow 20 minutes cooking time.	
<b>RIGATONI AL RAGU DI MANZO AL FORNO</b> .....	19.50
Large pasta tubes, garlic, herbs, beef steak pieces, red wine, tomato + mozzarella and baked	
<b>PASTA AL FORNO</b> .....	16.50
Small pasta tubes, peas, ham, mushrooms, bolognese sauce, béchamel, + mozzarella and baked	
<b>PASTA AL FORNO VEGETARIANA (v)</b> .....	16.50
Small pasta tubes, mixed vegetables tomato, béchamel, + mozzarella and baked	
<b>FUSILLI AL PESCATORE AL FORNO</b> .....	19.50
Spiral pasta, prawns, smoked salmon, cod, béchamel sauce, cream + mozzarella and baked	
<b>RIGATONI QUATTRO FORMAGGI AL FORNO</b> .....	18.95
Large pasta tubes, Dolcelatté, parmesan, cheddar, béchamel sauce, cream + mozzarella and baked	
<b>PAVAROTTI PORTION</b> .....	+3.00

Luciano Pavarotti was renowned for his massive appetite and love of pasta

Go large if you're up to it...

Gluten free pasta is available +1.00

(v) - Vegetarian



## **Le Pizze** - 12" sliced

Our Pizza dough and sauces are all freshly made in house

<b>CLASSIC MARGHERITA</b> (v) .....	12.95
Tomato, mozzarella, oregano	
<b>FUNGHETTO</b> (v) .....	13.95
Tomato, mozzarella, mushrooms	
<b>PEPPERONI</b> .....	15.50
Tomato, mozzarella and pepperoni sausage	
<b>PROSCIUTTO COTTO</b> .....	14.95
Tomato, mozzarella and ham	
<b>QUATTRO FORMAGGI</b> .....	15.95
Tomato, mozzarella, dolcelatté, cheddar, parmesan	
<b>NAPOLI</b> .....	15.50
Tomato, mozzarella, anchovies, olives, capers	
<b>PROSCIUTTO COTTO E FUNGHI</b> .....	15.50
Tomato, mozzarella, ham, mushrooms	
<b>HAWAIIANA</b> .....	15.50
Tomato, mozzarella, ham, pineapple	
<b>AMERICANA</b> .....	17.50
Tomato, mozzarella, chilli, peppers, pepperoni sausage	
<b>PAPA LEO</b> .....	18.50
Mozzarella, Parma ham, rocket, chopped tomatoes and provolone cheese shavings	
<b>FESTA DI CARNE</b> .....	18.50
Tomato, mozzarella, chicken, ham, pepperoni	
<b>QUATTRO STAGIONI</b> .....	17.95
Tomato, mozzarella, ham, olives, artichokes, mushrooms	

Additional Pizza toppings +1.20 each

Meat or Fish toppings +1.95 each

(v) - Vegetarian

## **Please Note,**

- **If you have any allergies or dietary requirements or preferences, please let us know**
- **Mama Rosa's hold a strict no microwave policy, every dish is freshly prepared from the moment you order it using daily fresh ingredients**
- **Every dish is prepared seasoned to perfection, please taste your food before adding more salt**
- **We are always trying to make your experience at Mama Rosa's better. Please let us know if you have any suggestions**
- **We accept cash and card payments**

## **Secondi** - Main Plates

All Main Plates served with sautéed potatoes and vegetables unless stated

<b>POLLO MONTE CRISTO</b> .....	17.95
Chicken breast cooked with onions, mushrooms, white wine and cream, topped with asparagus tips, mozzarella and fresh tomato	
<b>POLLO FARCITO</b> .....	17.95
Chicken breast stuffed with mozzarella cheese and Parma ham cooked with onions, mushrooms, herbs, brandy sauce tomato and cream	
<b>POLLO ALLA NERONE</b> .....	18.50
Chicken breast wrapped in Parma ham, cooked with herbs, garlic, and peppercorn sauce	
<b>POLLO DIAVOLA</b> .....	17.95
Chicken breast cooked with onions, peppers, white wine, chilli, cherry tomatoes and demi glace	
<b>VITELLO ALLA CREMA</b> .....	19.95
Veal escallops cooked with onions, mushrooms, white wine and cream	
<b>VITELLO MAMA ROSA</b> .....	19.95
Veal escallops cooked with garlic, onions, mushrooms and brandy sauce, topped with mozzarella cheese with a dash of tomato sauce	
<b>POLPETTE DEL NONNO</b> .....	18.95
Home-made spicy meatballs, cooked with garlic, chilli, onion, red wine and tomato. Served with sautéed potatoes and mixed vegetables or butter sautéed ribbon pasta	
<b>SPIGOLA ALLA CICCIO</b> .....	20.95
Seabass, boned + filleted cooked with garlic, prawns, capers, black olives, white wine and cherry tomatoes	
<b>MERLUZZO CON GAMBERETTI</b> .....	20.95
Fillet of cod cooked with peeled prawns mushrooms, white wine, cherry tomatoes and cream	

## **Le Bistecche** - Our Steaks

All cut, seasoned and grilled to perfection + sauté mushrooms and grilled tomato

<b>SIRLOIN</b> .....	25.95
<b>FILLET</b> .....	31.00
<b>STEAK SAUCES</b> .....	3.00
<b>CACCIATORE</b> - Onions, mushrooms, herbs, and tomato	
<b>MAMA ROSA</b> - Onions, mushrooms, French mustard, red wine and brandy cream sauce	
<b>PEPE NERO</b> - Classic peppercorn sauce	
<b>DOLCELATTE</b> - Mushrooms, garlic, herbs, cream and dolcelatté cheese	

## **Contorni** - Side Orders

<b>CHIPS</b> (v) .....	3.50
<b>SAUTÉED POTATOES</b> (v) .....	4.50
<b>SAUTÉED POTATOES, ONION AND BACON</b> .....	7.50
<b>SELECTION OF VEGETABLES AND SAUTÉED POTATOES</b> (v) .....	5.25
<b>MIXED SALAD</b> (v) .....	5.95
<b>GREEN SALAD</b> (v) .....	5.95
<b>TOMATO AND ONION SALAD</b> (v) .....	5.95

(v) - Vegetarian